



Ente Ospedaliero Cantonale



Università
della
Svizzera
italiana

**The Ente Ospedaliero Cantonale (EOC) and
the Università della Svizzera italiana (USI)**

are seeking applications for the position of

**PhD in Neuroscience with a focus on chronobiology, occupational medicine, and sleep
medicine**

The project will investigate the medical risks associated with night-shift work, with particular attention to circadian rhythm disturbances in healthcare professionals, and aims to develop preventive strategies including cognitive-behavioral interventions.

Eligibility requirements:

- Master's degree in Medicine or Psychology
- Knowledge of Cognitive Behavioral Therapy principles
- Proficiency in Italian (spoken and written)
- Solid background in statistics
- Basic knowledge in sleep medicine and chronobiology

The successful candidate will join an interdisciplinary team addressing the intersection of sleep research, occupational health, and preventive interventions, with a special focus on healthcare workers such as nurses.

The starting date is February 1, 2026.

The conditions of appointment are those provided for by the [Regulation concerning the hiring of EOC staff and doctors](#) as well as, for the academic part, by the [Statute and Regulations of USI academic staff](#).

USI and the EOC aspire to be an exemplary university and employer and aim to ensure equality in the hiring, development, retention and promotion of staff, and that no one is disadvantaged on the basis of gender, culture, disability, sexual orientation or identity. As an institution that promotes diversity and inclusion, USI encourages applications from women and all people belonging to underrepresented categories.

Applications, in electronic format, complete with curriculum vitae and copies of study and work certificates must be uploaded on the dedicated platform, at the following address: <https://www.eoc.ch/lavorare-in-eoc/offerte-lavoro.html> **by December 31, 2025**. Incomplete applications, received at other addresses, in paper format or after the deadline, will not be accepted.

For further information, please contact:

Prof. Dr. med. Mauro Manconi, Deputy Chief of Sleep Medicine, Institute of Clinical Neurosciences of Italian Switzerland (mauro.manconi@eoc.ch – Phone +41 91 811 68 25).

Lugano, September 23, 2025

The procedure in question is not subject to any means of appeal and/or remedy in law, since the contract to be concluded with the successful bidder is based on private law